

SOUTH EAST LONDON INTERCLUB COMPETITION 2009

Boys and Girls Sanbon Kumite 9th-7th Kyu, 7-9 Years

- 1st Hajar Selmoun - Chikara WSKA
- 2nd Dylan Liam Hon - Tairyoku SKC
- 3rd Tatjana Mandil - Chikara WSKA
- 3rd Dan Allison - Westminster SKC

Boys and Girls Sanbon Kumite 9th-7th Kyu, 10-12 Years

- 1st Emma Sheret - Chikara WSKA
- 2nd Jehoshua Navarro - Lewisham SKC
- 3rd Adam Yusef - Beckenham SKC
- 3rd Ross Baughen - Tairyoku SKC

Boys Sanbon Kumite 9th-7th Kyu, 13-15 Years

- 1st Frances Emmanuel - Seinshin Juku SKC
- 2nd Dan Vijay - Tairyoku SKC

Male Sanbon Kumite 9th-7th Kyu, 19 Years & Above

- 1st Dan Welsh - Blackheath SKC
- 2nd Andrew Byfield - Seinshin Juku SKC
- 3rd Joe Yusef - Beckenham SKC
- 3rd John Rowberry - Beckenham SKC

Girls Sanbon Kumite 9th-7th Kyu, 13-15 Years

- 1st Muneerah Patel - Chikara WSKA
- 2nd Ruhma Asif - Chikara WSKA
- 3rd Caitlyn Lister - Tairyoku SKC

Senior Female Sanbon Kumite 9th-7th Kyu, 19 Years +

- 1st Lisa Thody - Tairyoku SKC

Boys and Girls Ippon Kumite 6th-4th Kyu, 7-9 Years

- 1st Ellie Sales - Tairyoku SKC
- 2nd Endri Krasnigi - Westminster SKC
- 3rd Yusuf Brown - Waltham Forest JKAE
- 3rd Andre Briones - Westminster SKC

Boys and Girls Ippon Kumite 6th-4th Kyu, 10-12 Years

- 1st Kamil Majchrzak - Lewisham SKC
- 2nd Munisha Jadeja - Chikara WSKA
- 3rd Ryan Walker - Beckenham SKC
- 3rd Shomani Mills Legerton - South London SKC

Boys Ippon Kumite 6th-4th Kyu, 13-15 Years

- 1st Thomas Pearce - Tairyoku SKC

Senior Male Ippon Kumite 6th-4th Kyu, 19 Years+

- 1st Steven Tao - Waltham Forest JKAE
- 2nd Michael Zdanowski - Lewisham SKC
- 3rd Angelo Evangeloun - Seinshin Juku SKC

Girls Ippon Kumite 6th-4th Kyu, 13-15 Years

- 1st Nicola Lester - Tairyoku SKC
- 2nd Elanchy Rathan - Chikara WSKA
- 3rd Sahani Halwathura - Chikara WSKA
- 3rd Afshar Paracha - Chikara WSKA

Senior Female Ippon Kumite 6th-4th Kyu, 19 Years+

- 1st Helen Dyer - Beckenham SKC
- 2nd Zahira Patel - Chikara WSKA
- 3rd Joan Jamada Dawson - Beckenham SKC

Boys and Girls Jiyu Kihon Ippon Kumite Brown to Black belts 7-9 Years

- 1st Luke Ashley - Westminster SKC
- 2nd Joshua Robinson - Westminster SKC
- 3rd Joshua Bernard - Lewisham SKC
- 3rd Miqui Allen - Seinshin Juku SKC

Boys and Girls Jiyu Kihon Ippon Kumite Brown to Black belts 10-12 Years

- 1st Tom Tsao - Westminster SKC
- 2nd Ciaran Keenan - Lewisham SKC
- 3rd Jordan Hart - Lewisham SKC
- 3rd Hanagh Little - Tairyoku SKC

Boys Jiyu Kumite Brown to Black belts 13-15 Years

- 1st Jackson Brocklesby - Westminster SKC
- 2nd Ruairi Mc Ginnity - Tairyoku SKC
- 3rd Luke Healy - Tairyoku SKC
- 3rd Jason Fox - Tairyoku SKC

Senior Male Jiyu Kumite Brown to Black belts 19 Years+

- 1st Jovan Masalunga - Westminster SKC
- 2nd David Coglán - Lewisham SKC
- 3rd Julian Alders - Beckenham SKC
- 3rd Vincent Nurse - Seinshin Juku SKC

Girls Jiyu Kumite Brown to Black belts 13-15 Years

- 1st Sophie Woodley - Tairyoku SKC
- 2nd Shavana Stanley - Tairyoku SKC
- 3rd Jessica Edwards - Tairyoku SKC
- 3rd Helena Morias - Chikara WSKA

Senior Female Jiyu Kumite Brown to Black belts 19 Years+

- 1st Amira Kalafate - Westminster SKC
- 2nd Michelle Payne - Tairyoku SKC
- 3rd Becky Chantry - Beckenham SKC
- 3rd Cassandra Moore - Westminster SKC

Boys and Girls Kata 9th-7th Kyu, 7-9 Years

- 1st Dylan Lim Hon - Tairyoku SKC
- 2nd Hajar Selmoun - Chikara WSKA
- 3rd Harley Pearson - Beckenham SKC





Roy Tomlin
5th Dan (JKA)

Established since 1983
<http://www.lskc.co.uk>
E-mail: karateinlewisham@aol.com

Boys and Girls Kata 9th-7th Kyu, 10-12 Years
1st Jehoshua Navarro - Lewisham SKC
2nd Emma Sheret - Chikara WSKA
3rd Suhaib Ahmed - Waltham Forest JKAE

Boys and Girls Kata 9th-7th Kyu, 13-15 Years
1st Muneerah Patel - Chikara WSKA
2nd Jade Hart - Lewisham SKC
3rd Caitlyn Lister - Tairyoku SKC

Senior Female Kata 9th-7th Kyu, 19 Years+
1st Lisa Thody - Tairyoku SKC

Senior Male Kata 9th-7th Kyu, 19 Years+
1st Dan Welsh - Blackheath SKC
2nd Andrew Byfield - Seinshin Juku SKC
3rd John Rowberry - Beckenham SKC

Boys and Girls Kata 6th-4th Kyu, 7-9 Years
1st David Martinaj - Lewisham SKC
2nd Andre Briones - Westminster SKC
3rd Benjamin Mountain - Blackheath SKC

Boys and Girls Kata 6th-4th Kyu, 10-12 Years
1st Kamil Majchrzak - Lewisham SKC
2nd Munisha Jadeja - Chikara WSKA
3rd Ryan Walker - Beckenham SKC

Boys Kata 6th-4th Kyu, 13-15 Years
1st Thomas Pearce - Tairyoku SKC

Girls Kata 6th-4th Kyu, 13-15 Years
1st Nicola Lester - Tairyoku SKC
2nd Afshar Paracha - Chikara WSKA
3rd Sahani Halwathura - Chikara WSKA

Senior Female Kata 6-4Kyu 19 Years+
1st Joan Jamada Dawson - Beckenham SKC
2nd Stara Hussain - Chikara WSKA
3rd Helen Dyer - Beckenham SKC

Senior Male Kata 6-4Kyu 19 Years+
1st Steven Tao - Waltham Forest JKAE
2nd Michael Zdanowski - Lewisham SKC
3rd Angelo Evangeloun - Seinshin Juku SKC

Boys and Girls Kata Brown to Black belts 7-9 Years
1st Stanley Forbes - Westminster SKC
2nd Megan Coombs - Lewisham SKC
3rd Aliya Headly - Beckenham SKC

Boys and Girls Kata Brown to Black belt 10-12 Years
1st Tom Tsao - Westminster SKC
2nd Zainab Delli - Chikara WSKA
3rd Ciaran Keenan - Lewisham SKC

Girls Kata Brown to Black belt 13-15 Years
1st Sophie Woodley - Tairyoku SKC
2nd Maryam Delli - Chikara WSKA
3rd Shavana Stanley - Tairyoku SKC

Boys Kata Brown to Black belt 13-15 Years
1st Jason Fox - Tairyoku SKC
2nd Jackson Brocklesby - Westminster SKC
3rd Alex Avery - Beckenham SKC

Senior Male Kata Brown to Black belt 20 Years+
1st Jovan Masalunga - Westminster SKC
2nd Julian Alders - Beckenham SKC
3rd Abdul Razak - Waltham Forest JKAE

Senior Female Kata Brown to Black belt 20 Years+
1st Saaleha Mahmood - Chikara WSKA
2nd Mihaela Vrancianu - Chikara WSKA
3rd Becky Chantry - Beckenham SKC



Associated with the Japan Karate Association (JKA)
All Instructors are CRB Checked.

Tel: 07836 384229 Fax: 0208 318 3351

Medal Table.

Chikara Wska & Waltham Forest Jkae	Tairyoku SKC	Beckenham SKC	Westminster SKC	Lewisham SKC	Seinshin Juku SKC	Blackheath SKC	South London SKC
GOLD	GOLD	GOLD	GOLD	GOLD	GOLD	GOLD	GOLD
7	11	2	8	4	1	2	0
SILVER	SILVER	SILVER	SILVER	SILVER	SILVER	SILVER	SILVER
12	5	1	4	7	2	0	0
BRONZE	BRONZE	BRONZE	BRONZE	BRONZE	BRONZE	BRONZE	BRONZE
9	8	14	3	3	4	1	1
TOTAL 28	TOTAL 24	TOTAL 17	TOTAL 15	TOTAL 14	TOTAL 7	TOTAL 3	TOTAL 1

Award for best female competitor of the day:
ZAINAB DELLI - CHIKARA WSKA

Award for best male competitor of the day
STEVEN TAO - WALTHAM FOREST JKAE